

EVALUATION THE ROLE OF HEPCIDIN IN LYMPHOMA PATIENTS

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Abstract: Background: Lymphoma are group of diseases caused by malignant Lymphocyte that accumulate in lymph nodes and cause the characteristic clinical features of lymphadenopathy. Anaemia is a common feature in lymphoproliferative disease. Hepcidin: is a liver produced acute phase peptide whose overproduction leads to iron limited erythropoiesis. **Aim of the study:** To assess the level of hepcidin in newly diagnosed lymphoma patients. And correlate it with Hb, stage of disease, bulky disease, and B-symptoms. Patients and methods: Forty patients with newly diagnosed lymphoma were consequently selected from the haematology outpatient clinic at the Medical City24 of them were male and 16 were female. The level of hepcidin was investigated by ELISA technique. **Results:** The mean age for Lymphoma participants in this research was 43. 6±20. 2 years with range of (14-79) years. M:F ratio was 1. 5:129 patients were anaemic with Hb less than 12g /dL, 21patients had stage IV disease (52. 5%), 7 patients had stage III disease (17. 5%),12 patients had stage II disease (30%). Hepcidin level was significantly increased in lymphoma Patients than control group. There was significant inverse relationship between hepcidin with Hb level. There was significant positive relationship between hepcidin level with the presence of B-symptoms and stage of the disease. **Conclusion:** Hepcidin level was significantly increased in lymphoma patients compare to healthy control. It was significantly higher in lymphoma patient with anaemia than no anaemic patients. The adverse impact of elevated hepcidin is consistent with demonstration of higher level of hepcidin in patients with B symptoms and advanced stages.

Key words: hepcidin, lymphoma, Anaemia.

Introduction:

Lymphomas are a diverse group of malignancies of B-cells, T-cells and uncommon natural killer cells that usually originate in the lymph nodes, but may affect any organ of the body¹. There are two basic categories of lymphomas. one kind is Hodgkin lymphoma (named after Dr. Thomas Hodgkin who first recognized it) which is marked by the presence of a type of cell called the Reed-stern berg cell. The other category is non-Hodgkin lymphomas which include a large, diverse group of cancer². Lymphoma patients typically presents with lymphadenopathy that has been detected either incidentally by the patient or by imaging procedures performed for assessment of other condition, occasionally it may be detected when investigation of non-specific symptoms, such as fever, fatigue, or unexplained pain prompt assessment that in turn reveal mass lesion³. Whenever a clinical lymphoma diagnosis is suspected, the surgeon ought to take an open biopsy of the most affected lymph node. When possible, the lymph node should be removed intact because assessing the architecture is crucial for the diagnosis and categorization of lymphomas. The pathologist will fix the tissue for regular histology and for particular research after receiving the lymph node in the pathology laboratory as soon as possible in its fresh form.⁴ Single-cell suspensions made from tissue samples can be used for automated flow cytometry to diagnose lymphoma.⁵ Additionally, it establishes the pattern of surface markers' expression that aids in subclassifying lymphomas.⁶ A wide variety of antibodies that can be used on formalin-fixed tissue now are available, allowing accurate diagnosis and subclassification of lymphoma in most cases by immunohistochemistry⁷. Molecular genetic techniques to determine B-or T-cell monoclonality or lymphoma-specific chromosomal translocations include polymerase chain reaction (PCR), Southern blot, fluorescence in situ hybridization (FISH), and cytogenetic analysis⁶

Staging of Lymphoma according to Ann-Arbor staging system.⁸

Anemia in lymphoma: Anemia is a common feature in lymphoproliferative disease even before patients have received cytotoxic therapy and even when there is no bone marrow involvement, the pathogenesis of this anemia, although unclear seems to result from multifactorial factors which include bone marrow involvement abnormal iron reutilization, inappropriately low serum erythropoietin levels for the degree of anemia and a decrease of bone marrow response to erythropoietin, also inflammatory mediator plays important roles in anemia in lymphoma that have been shown to inhibit erythropoiesis such as Interlukin-1 and Interlukin-6, hemolytic anemia secondary to lymphoproliferative disease⁹.

Anemia in lymphoma can be roughly categorized into two groups.:

CIA (cancer induced anemia) anemia which is caused by the cancer and the causes seem to be multifactorial for example restrained erythropoiesis by B. M infiltration of tumor, IDA secondary to blood loss, suppression of iron utilization effected by cytokine liberated from tumor cell and bad nutrition for lymphoma patients.

2-TIA (therapy caused anemia) which induced by treatment with anticancer, usually chemotherapy that suppress hematopoiesis of BM¹⁰.

The interaction between the neoplastic cells and the reactive cells of the micro environment, result in high level for cytokines, like IL-6, IL-10.¹¹ Through a transcriptional mechanism that is dependent on the signal transducer and activator of transcription 3 (STAT3), IL-6 is a powerful inducer of hepcidin expression.¹² In about 40% of people with lymphoma (HL), anemia is a presenting symptom. It commonly occurs in advanced phases and is more frequently seen in conjunction with B-symptoms such fever, nocturnal sweats, and weight loss.¹³ Hb level showed significant decrease with increasing stage of the disease¹⁴.

Hepcidin: is a liver produced acute phase peptide whose overproduction leads to iron-limited erythropoiesis¹⁵. Inflammatory cytokines (IL-6) increase the expression of hepcidin leading to decrease iron absorption from the intestine, and block the release of iron from the macrophage of reticuloendothelial system and the liver¹⁶. A pathogenic cascade linking IL-6, hepcidin, hypoferremia, and anemia inflammation has been postulated as the mechanism by which anemia inflammation develops.¹⁷ Under physiological conditions, hepatic hepcidin expression is elegantly regulated by a cohort of proteins that are expressed in hepatocytes, including the hereditary hemochromatosis (HH) protein called HFE, transferrin receptor 2 (TfR2), hemojuvelin (HJV), bone morphogenetic protein 6 (BMP6), matriptase-2 and transferrin. Hepcidin expression can also be regulated by erythroid factors, hypoxia, and inflammation, regardless of body iron levels¹⁸. At transcriptional level, hepcidin expression has been regulated by 3 major molecular pathways are: Janus kinase /signal transducer and activator of transcription (JAK/STAT), bone morphogenetic protein/ mothers against decapentaplegic (BMP/SMAD), and hereditary hemochromatosis protein /transferrin receptor 2 (HFE/TfR2)¹⁹.

Materials and methods:

Subject

This case-control investigation was done on 40 newly diagnosed lymphoma patients including (18 with HL, 22 NHL) and 33 healthy control from July 2016 to December 2016. The study was approved by the Iraqi council for medical specialization.

The study population consisted of 40 patients. The patients were attending the hematology out patient clinic at Baghdad teaching hospital, Teaching laboratory of the medical city and the flowcytometry unit at nursing home hospital in Baghdad. A verbal consent was obtained from each patients for accepting to taking P. B sample.

The diagnosis was made by LN biopsy examination with I. H. C by expert histopathologist with blood film, BMA and BMB examination by expert hematopathologist at Teaching laboratory and immune phenotyping study using a four-colour flow cytometry at Nursing home hospital. CBC, blood film, retic count, estimation of hepcidin by ELISA was done for each patients.

Exclusion criteria:

1. patients with lymphoma who received chemotherapy excluded from this study.
2. lymphoma patients with hemolytic anemia (confirmed by high retic count) excluded from this study.

The Control:

A 33 healthy control age and sex matched with the patients group, the control were not diabetic nor hypertensive, not anemic (confirmed by C. B. C), don't have acute illness or inflammation process (confirmed by C. R. P). C. B. C, blood film, C. R. P, Hepcidin level was done for each control subject.

Method: blood sample:

a total of 2. 5 ml of venous blood was collected by clear venipuncture into an EDTA tube, C. B. C, was done by automated Abbott ruby hemolyzer at teaching lab of medical city. blood film and retic count were done for the patients, then the remaining of samples were centrifuged for 10 minutes at 2000 g. plasma sample was stored at -80c at central blood bank of medical city. The plasma was used for estimation of hepcidin level, by ELISA using stander enzymatic reader.

Results:

Seventy three participants were recruited in this study including 40 lymphoma patients(HL & NHL) and 33 healthy control.

Age distribution (years)

There was no significant difference between lymphoma patients and healthy control regarding the age (p. value = 0. 981) as shown

in the table (1), this confirm that the control group were age matched with the patients

Table 1: Age distribution in lymphoma patient compare to control group

		Lymphoma		Healthy control		P value
		No	%	No	%	
	Mean±SD (Range)	43. 6±20. 2 (14-79)		40. 4±19. 1 (14-69)		
Age (years)	<45	21	52. 5	18	54. 5	0. 981
	=>45	19	47. 5	15	45. 5	
*Significant difference between proportions using Pearson Chi-square test at 0. 05 level.						

2- Gender difference

There was no significant difference between lymphoma patients and healthy control groups regarding the gender (the p value was 0. 215) as shown in the table (2), this confirm that the control group were sex matched with the patients.

Table 2: Gender difference between lymphoma patient and control

		Lymphoma		Healthy control		P value
		No	%	No	%	
Gender	Male	24	60.0	15	45.5	0.215
	Female	16	40.0	18	54.5	
*Significant difference between proportions using Pearson Chi-square test at 0.05 level.						

Table (3): Clinical characteristic of lymphoma patients

		Lymphoma	
		No	%
Hepatomegaly	Positive	5	12. 5
	Negative	35	87. 5
Splenomegaly	Positive	22	55. 0
	Negative	18	45. 0
Diagnosis	HL	18	45. 0
	NHL	22	55. 0
B-symptom	Positive	26	65. 0
	Negative	14	35. 0
Bulky disease	Positive	5	12. 5
	Negative	35	87. 5
B. M. involvement	Positive	11	27. 5
	Negative	29	72. 5
Stage	Stage I	-	-
	Stage II	12	30. 0
	Stage III	7	17. 5
	Stage IV	21	52. 5
HL stage	I	0	0
	II	10	55. 5
	III	3	16. 6
	IV	5	27. 7

NHL stage	I	0	0
	II	2	9.1
	III	4	18.2
	IV	16	72.7

3- Anemia in lymphoma patients:

Hemoglobin mean level was 10.02 ± 1.93 g/dl, the range was 7-13g/dl.

29 patients from 40 lymphoma patients were anemic with hemoglobin (g/dl) level below 12 (g/dl) and 11 patients were not anemic with hemoglobin ≥ 12 (g/dl) as shown in table (3-4).

Table (4): Hb level in HL and NHL patients

		HL		NHL	
		No	%	No	%
Haemoglobin (g/dL)	<12	9	50.0	20	90.9
	≥ 12	9	50.0	2	9.1

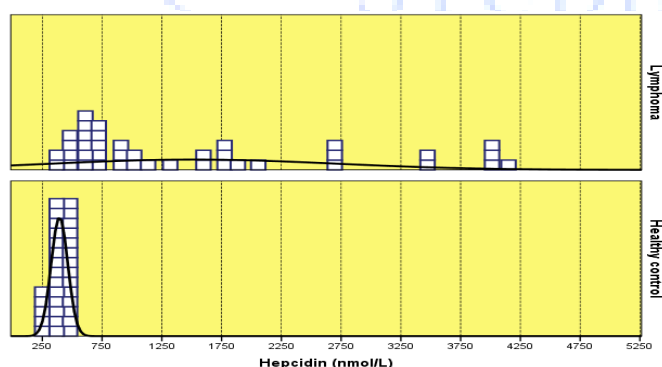
4 -Hepcidin level (nmol/l)

Hepcidin mean level was much higher in lymphoma patient compare with healthy

control (p. value was 0.0001) as shown in table (5).

Table (5) Hepcidin level in HL and NHL

Hepcidin (nmol/L)		HL	NHL
No		18	22
Mean $\pm$ SD		879.49 $\pm$ 587.81	2043.24 $\pm$ 1299.56
Range		413.372-2670.202	555.334-4150.419



P=0.0001

Figure (1) Hepcidin level in lymphoma patients compare to control group

5- Relationship between hepcidin and Hb:

hepcidin level were significantly higher in patients with hemoglobin < 12 than patients

group with hemoglobin ≥ 12 g/dl, as shown in figure (2).

($r = -0.849$)

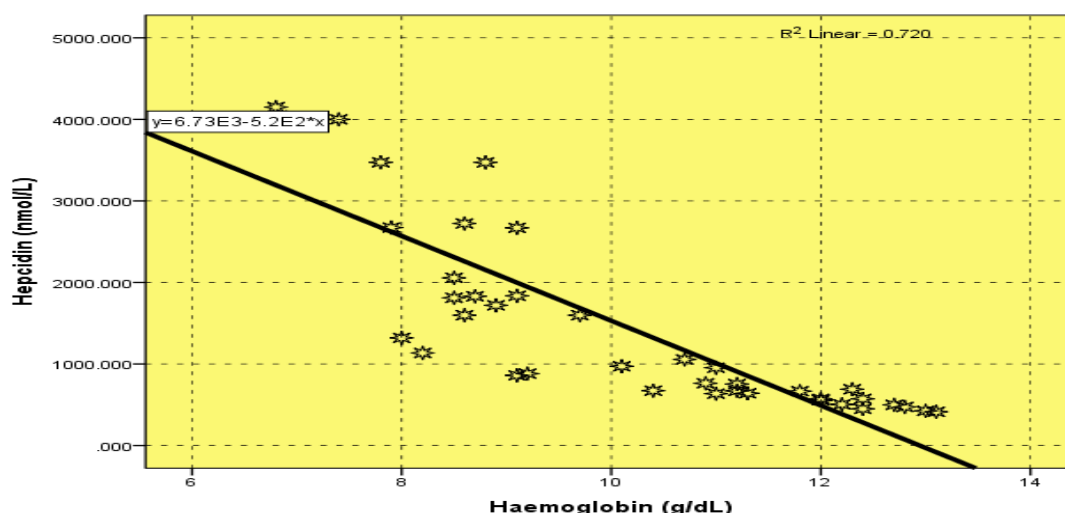


Figure (2) relationship between Hepcidin and Hb

6 - Relationship of hepcidin with some variable:

➤ With gender:

there is no significant deference in hepcidin level between male and female patients

➤ B-symptoms:

There is +ve relationship between hepcidin and B-symptomes

➤ Bulky disease:

There is no significant correlation between hepcidin level and Bulky disease

➤ Stage of the disease:

hepcidin level show strong +ve relationship with the stage of the disease As shown in table (6), figure (3).

Table (6): relationship between Hepcidin with other variable in HL and NHL

Hepcidin (nmol/L)		HL (n=18)		NHL (n=22)	
		No	Mean±SD	No	Mean±SD
Age (years)	<45	14	911. 14±613. 48	7	1880. 32±1391. 86
	=>45	4	768. 73±553. 21	15	2119. 28±1297. 52
	P value		0. 682		0. 698
Gender	Male	9	1104. 99±759. 09	15	2171. 41±1323. 63
	Female	9	653. 99±208. 79	7	1768. 59±1301. 52
	P value		0. 100		0. 072
B-symptom	Positive	10	1114. 99±708. 14	16	2271. 39±1247. 92
	Negative	8	585. 12±126. 99	6	1434. 85±1345. 57
	P value		0. 0054*		0. 018*
Bulky disease	Positive	2	1427. 32±413. 34	3	3152. 83±1190. 07
	Negative	16	811. 01±578. 95	19	1868. 05±1255. 14
	P value		0. 169		0. 113
Stage	Stage I	-	-	-	-
	Stage II	10	531. 53±99. 00	2	563. 96±12. 20
	Stage III	3	778. 68±96. 53	4	731. 21±99. 60
	Stage IV	5	1635. 91±645. 15	16	2556. 16±1153. 68

	P value		0. 0001*		0. 001*
Haemoglobin (g/dL)	<12	9	1237. 42±660. 17	20	2191. 17±1270. 14
	=>12	9	521. 56±100. 77	2	563. 96±12. 20
	P value		0. 005*		0. 009*

*Significant difference between two independent means using Students-t-test or significant difference among more than two independent means using ANOVA test at 0. 05 level.

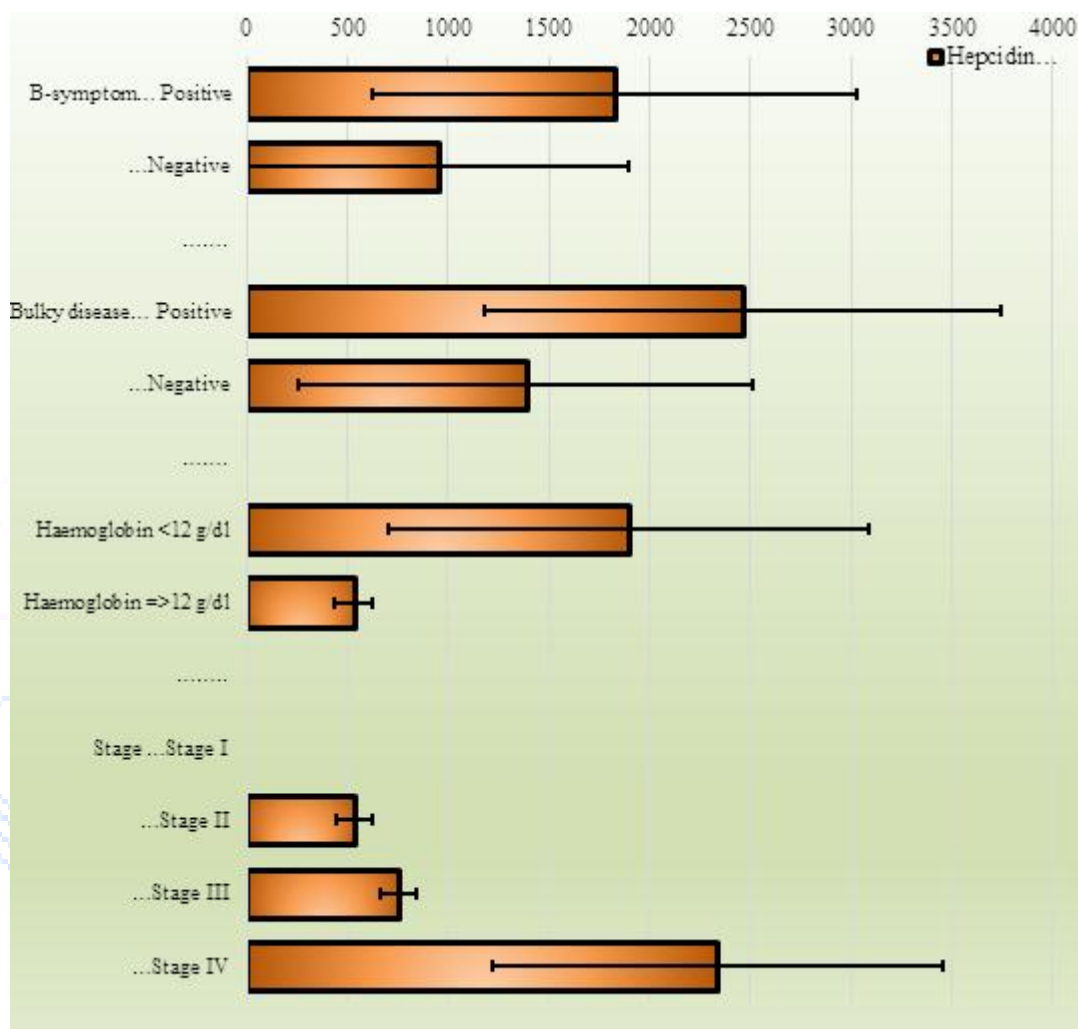


Figure (3): Relationship of hepcidin with some variable

Discussion

In this study the aim was to evaluate the change in hepcidin level, its role in the development of anemia and its correlation with Hb, stage of disease, bulky disease, B-symptoms, age, and gender.

In the current study the mean age for HL was (30. 4 ± 17. 8) year, and the range was (14-69) year, this finding was comparable to a study done by Fadhil MS. et al ²⁰, Iraqi cancer registry

2009 ²¹, Yaqo RT. et al ²², however the higher age of the lower limit seen in our study may be explained by the fact that our center deals with adult patients.

In this study the mean age for NHL patient was 54. 4 ± 5. 1 year and the range was 26-79 year, this finding was comparable with a study done by Alwan AF. et al ²³, Kamil TS. et al ²⁴

In this study male to female ratio for HL patient was 1:1 this finding was comparable with a study done by Biggar RJ et al ²⁵, but

does not agree with Yaqo RT. et al ²² Fadhil MS. et al ²⁰, who found a male predominance with male to female ratio was 1. 6:1, this may be explained by smaller size sample and ethnicity. This study show that male to female ratio for NHL patient was 2. 1:1, this finding agree with the finding of Iraqi cancer registration ²¹ Yaqo RT. et al ²² Alwan AF. et al ²³

The current study show that 18 patients out from 40 were diagnosed as HL (45%) and 22 out 40 were diagnosed as in NHL 55% this finding was comparable with a study done by Kurzrock R. et al ²⁶. But does not agree with a study done by Yaqo RT. ²² who found that HL patients was about 24% from the cases and NHL was 76%. This can be explained by smaller size of our sample, by different geographic distribution of the cases as well as genetic difference and ethnicity of the population.

By applying Ann-Arbor staging system on the patients of this study show that most of NHL patients were with stage IV disease 72. 7%,18. 2% in stage III and 9. 1% in stage II. This finding does not agree with study done by Pedersen LM et al ²⁷ and Ishtiaq J et al ²⁸, the higher percentage of the patients with stage IV can be explained by the lack of routine checkup which lead to late diagnosis in Iraqi patients, therefore they usually presented with advanced clinical stage.

In this study the percentage of HL patients with stage IV disease was (27. 7%) with stage III (16. 6%) and with stage II (55. 5%), this finding was comparable with a study done by Hohaus S. et al ¹³ a part from that in the current study there was no patients with stage I disease. The highest percentage of HL patients with stage IV in this study does not agree with a study done by Biggar RJ. et al ²⁵ Nadeem M et al ²⁹ this can be explained by the lack of routine checkup which lead to late diagnosis in Iraqi patients, they usually presented with advanced clinical stage.

Regarding anemia in lymphoma patients, it was found that about 72. 5% of patients were

anemic with Hb less than 12, this finding agree with a study done by Ludwig et al ³¹ and Brigeard G et al ³². In this study it was found that half of the patients with HL were anemic (50%). This agree with Birgeard G. et al ³² Hohaus S. et al ¹³. In this study we found that 90. 9% of patients with NHL was anemic this finding does not agree with study done by Birgeard G. et al ³², Who found that frequency of anemia in NHL patients were 77. 9%, this may be explained by the fact that patients in Iraq usually present in a more advanced stage of the illness due to lack for routine checkup and patients with advanced stage have higher rate of B. M infiltration, which explain the anemia.

In this study we found that B. M. involvement was found in 11 patients and all the patients with B. M. involvement had NHL diagnosis, This finding agree with a study done by Ishtiaq J. et al ²⁸. In this study the mean level of hepcidin were much higher in lymphoma patients compared to healthy controls this agree with studies done by Hohaus S. et al ¹³, Biggar RJ et al ²⁵, kurzrock R. et al ²⁶, Guney N. et al ³³ and Hara M et al ³⁴.

In this study we found that there is an inverse correlation between hepcidin mean level with Hb level this finding agree with Hohaus S. et al study ¹³ Ibricevic – balic L. et al ³⁵ Hara M. et al ³⁴, Hassan EA. et al ³⁶ In this study the mean level of hepcidin has positive relation with the stage of the disease (patient with stage IV had higher level of hepcidin than stage III, and stage III higher than stage II), this finding agree with study done by Hara M. et al ³³, Hohaus S. et al ¹³, Patients with advanced stage have higher IL-6 level which induce hepcidin synthesis, this lead to increase hepcidin level in patients with advanced stage.

In this study we found positive relationship between hepcidin level and the presence of B-symptoms this finding agree with Hassan EA. et al ³⁵. In this study there was no significant correlation between hepcidin level and the presence of bulky disease, patients age, and gender difference, this does not goes with the

finding of Hohaus S. et al ¹³, this may explained by small size of the sample and lower number of patients who had bulky disease in this study.

From the previous findings we can propose that lymphoma disease activity associated with production and release of cytokines such as IL-6 into the systemic circulation, which stimulate the over production of hepcidin Increased levels of hepcidin in the liver cause a state of functional hypoferrremia, which correlates with anemia and contributes to it. The finding that hepcidin level is also elevated in no anemic pt. compared to control group and Future research may examine the relationship between hepcidin and prognosis and whether these associations will disappear following treatment in light of the association between hepcidin and adverse prognostic factors.

Conclusion:

1. Hepcidin level was high in lymphoma patients compare to control.
2. Hepcidin level was significantly higher in lymphoma patients with anemia than not anemic patients
3. Hepcidin play as important role in the development of anemia in lymphoma.
4. The adverse impact of elevated hepcidin is consistent demonstration of higher level of hepcidin in people with B symptoms and advanced stages.

Institutional Review Board Statement:

The study was conducted according to the guidelines of the Declaration of Helsinki and approved by the Institutional Review Board (or Ethics Committee) of University of Mosul. (K2\13\136) in 11\6\2023

Informed Consent Statement:

Informed consent was obtained from all subjects involved in the study.

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Conflicts of Interest:

The authors declare no conflict of interest.

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